FRIDAY FEB 7	YOGA ROOM 1	YOGA ROOM 2	YOGA ROOM 3	AUDITORIUM	OUTDOOR
8.30 a.m.					
9 a.m.					
9.30 a.m.					
10 a.m.					
10.30 a.m.					
11 a.m.					
11.30 a.m.	**Camille Vidal** Yin Yoga	**Asia Spa Teacher**			
12 p.m.					
12.30 p.m.					
1 p.m.					
1.30 p.m.					
2 p.m.	**Hannah Barrett** Vinyasa	**Jamie Clememts** CCB			
2.30 p.m.					
3 p.m.					
3.30 p.m.					
4 p.m.	**Michael James Wong** Vinyasa	**Michelle Baker** Breathwork			
4.30 p.m.					
5 p.m.	**Opening Ceremony**				
5.30 p.m.					
6 p.m.					

Legend:
- Class Slow Pace
- Class Physical Energetic
- Talk/Workshop
- Outdoor
- Ceremony

SATURDAY FEB 8	YOGA ROOM 1	YOGA ROOM 2	YOGA ROOM 3	AUDITORIUM	OUTDOOR
8.30 a.m.	**Hannah Barrett** Vinyasa	Asia Spa Teacher			
9 a.m.					
9.30 a.m.					
10 a.m.	**Michael James Wong** Vinyasa	**Michelle Baker** Breathwork			
10.30 a.m.					**Jamie Clements** Cold Water
11 a.m.					
11.30 a.m.					
12 p.m.					
12.30 p.m.					
1 p.m.	**Camille Vidal** Yin Yoga	**Hannah Barrett** Vinyasa	Asia Spa Teacher		
1.30 p.m.					
2 p.m.					
2.30 p.m.					
3 p.m.	**Jamie Clememts** Consious Breathwork	**Michael James Wong** Vinyasa		**Chef Talk**	
3.30 p.m.					
4 p.m.					
4.30 p.m.					
5 p.m.	**Michelle Baker** Reiki	Asia Spa Teacher	**Camille Vidal** Mindul Happy Hour Workshop		
5.30 p.m.					
6 p.m.					

Legend:
- Class Slow Pace
- Class Physical Energetic
- Talk/Workshop
- Outdoor
- Ceremony

SUNDAY FEB 9	YOGA ROOM 1	YOGA ROOM 2	YOGA ROOM 3	AUDITORIUM	OUTDOOR
8 a.m.					**Jamie Clements** Cold Water
8.30 a.m.	**Michelle Baker** Breathwork	**Asia Spa Teacher**			
9 a.m.					
9.30 a.m.					
10 a.m.	**Camille Vidal** Yin Yoga	**Hannah Barrett** Vinyasa			
10.30 a.m.					
11 a.m.					
11.30 a.m.	**Michael James Wong** Restorative Yoga				
12 p.m.					
12.30 p.m.	**Closing Ceremony**				
1 p.m.					
1.30 p.m.					
2 p.m.					
2.30 p.m.					
3 p.m.					
3.30 p.m.					
4 p.m.					
4.30 p.m.					
5 p.m.					
5.30 p.m.					

Class Slow Pace
Class Physical Energetic
Talk/Workshop
Outdoor
Ceremony